

TRAUMA-FOCUSED MENTAL HEALTH & WELLNESS TRAINING

PRESENTED BY:



DEER HOLLOW
Recovery & Wellness Centers

HOSTED BY:

KOOTENAI COUNTY SHERIFF'S OFFICE
& Courageous Survival

WHEN: (4) DATES TO CHOOSE FROM

MARCH 30, 2022 – 8AM – 1200

MARCH 31, 2022 – 8AM – 1200

JUNE 1, 2022 – 8AM – 1200

JUNE 2, 2022 – 8AM – 1200

WHERE: KOOTENAI COUNTY SHERIFF'S OFFICE – OEM BUILDING
1662 W. WYOMING AVE. – HAYDEN – IDAHO

FEATURING:

**“Understanding PTSD/PTSI and How it Affects Us All” -
Matt Quackenbush, LMFT**

**“You Are Never Alone” – A Personal Story of Survival,
Courage and Vulnerability – Officer Jared Nesary,
Yakima PD (Ret.)**



Who Should Attend:

**ALL FIRST
RESPONDERS,
MILITARY/VETERA
NS, & COMMUNITY
LEADERS INVITED
TO ATTEND
(RETIRES &
SPOUSES
INCLUDED)**

COST: FREE

RESERVATIONS:

**Pre-registration
required “Seating is
limited, reserve your
date and spot NOW!
(Invite Only)**

RSVP

CourageousSurvival@gmail.com

Coffee * Water * Cookies

