

# NAMI Idaho Upcoming Events

Join NAMI Idaho for one of our upcoming events celebrating National Recovery Month this September and World Mental Health day on Oct. 9th.

NAMI Idaho is advancing the conversation about mental illness because #mentalhealthmatters.



## **Firearms, Means Safety and Suicide Prevention: A Clinical Workshop**

September 15, 2021 | 8 AM - 11:30 AM | Cathedral of the Rockies | Boise, ID

Masks are required for all attendees regardless of vaccination status.

This training will address the problem of suicide, the integration of firearm and means safety into clinical practice, and the cultural challenges of conversations about firearms with clients and patients. 3.0 CE credits awarded for APA, NBCC, NASW, or general attendance.

## **Community Resiliency Model (CRM)<sup>®</sup> Training**

September 29, 2021 | 9 AM - 5 PM | Location TBD

The Community Resiliency Model (CRM)<sup>®</sup> trains community members to not only help themselves but to help others within their wider social network. The primary focus of this skills-based, stabilization program is to re-set the natural balance of the nervous system.

## **Applied Suicide Intervention Skills Training (ASIST)**

September 30 - October 1, 2021 | 8:30 AM - 4:30 PM

The LivingWorks Applied Suicide Intervention Skills Training (ASIST) is a two-day face-to-face workshop. Participants will learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive.

## **NAMI Idaho FaithNet Breakfast**

Sat, October 2, 2021 | 9:30 AM - 11:30 AM | Tree City Church, 3852 N. Eagle Road, Boise, ID

This will be a gathering of interfaith leaders focused on reducing the stigma surrounding mental illness and supporting individuals and families within their faith communities who are dealing with mental health concerns or diagnoses.

## **NAMI Walks Your Way Idaho**

Sat, October 2, 2021 | 12 PM - 4 PM | Veterans Memorial Park, Boise, ID (virtual option as well!)

Join us as we seek to #endstigma and highlight World Mental Health Day with NAMI Walks Your Way Idaho. The 2021 NAMI Walks goal is to raise \$40,000 to support the work of NAMI Idaho!

## **Question, Persuade, Refer (QPR) Training**

Saturday, October 2, 2021 | 3 PM - 4:30 PM | Veterans Memorial Park, Boise, ID

Question, Persuade, Refer is a 90-minute training to prepare the every day person to recognize signs of suicide, and to step in to support those who may be struggling. Join us after the NAMI Walks Your Way Fundraiser!

Scan the QR code below to register for these events



SCAN ME

or visit [linktr.ee/NAMIIDAHO](https://linktr.ee/NAMIIDAHO)

Register and learn more at: [linktr.ee/NAMIIDAHO](https://linktr.ee/NAMIIDAHO)