



National Center on Sexual Behavior of Youth

An Online Resource for Parents of Youth with Problematic Sexual Behaviors

The National Center on Sexual Behavior of Youth (NCSBY) is excited to announce the launch of the Parents and Resources sections of the Center's website – www.ncsby.org. The overall purpose of NCSBY is to improve the accuracy, accessibility, and strategic use of information about the nature, incidence, prevalence, prevention, treatment, and management of problematic sexual behavior in youth. This information is intended to help parents (and professionals) understand and support healthy sexual development and behaviors in children and adolescents.

The topics addressed in the Parents section of the NCSBY website include:

- Typical sexual development in children and adolescents
- Origins, risks, and protective factors of problematic sexual behavior
- Identifying, understanding, and responding to problematic or illegal sexual behaviors
- Preventing further problematic sexual behavior including safety planning
- Self-care advice from other caregivers who experienced similar circumstances
- Advice for talking with youth about sex and sexuality
- Characteristics of quality treatment programs for youth with problematic or illegal sexual behavior
- The various agencies that could be involved in families, such as child protection services and the juvenile justice system.

A wide range of additional resources and fact sheets are available in the resource section to help caregivers with understanding and decision-making regarding sexual behavior in youth.

Having a youth with problematic or illegal sexual behaviors can be an extremely stressful for caregivers. We hope that the information provided by NCSBY will help parents and caregivers feel more confident and prepared when facing these difficult circumstances.

We encourage you to go to www.ncsby.org and to share this website with others.

For questions or comments about the website, please send an email to OU-NCSBY@ouhsc.edu.